Nipple Shield
with Sterilizer Case
Position the cut out where baby’s nose will be.

With clean hands, hold the nipple shield in both hands. The shiny side should be facing your skin and the matte side facing out.

If needed, a small amount of nipple cream may be first applied to your skin to help with shield adhesion. Do not apply to your nipple.

Gently stretch the shield over your breast, ensuring your nipple fully fits.

Smooth the sides down for full adhesion.

Cleaning
Always use nipple shields under the care of a medical professional or lactation consultant. Before the first use and after every use wash nipple shields with warm soapy water, rinse clean, sterilize and air dry.

Sterilizer Instructions
Rest the nipple shields on top of the holders inside the case. Add 5 teaspoons / 1 oz / 25 ml of water to the bottom reservoir. Close case securely and microwave for 3 minutes using a 700-1000 watt microwave. Use caution when removing the case from the microwave, it will be hot! Drain water from the case and open lid to allow nipple shields to dry and cool for at least 5 minutes. Once cool, wipe out any remaining water drops to ensure that case is dry before closing lid to store.

Instructions for Use

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5. Smooth the sides down for full adhesion.